

SENIORS SERVICES



CFN's Seniors Services addresses the unique needs of seniors through information sharing, building social support networks and resources, and interventions that promote intergenerational learning, create opportunities to contribute, and become productive. For full details of the program, [click here](#).

Seniors are supported by assessing their settlement needs and providing information and referrals after their needs are identified. These include but are not limited to, subsidized seniors' bus passes, seniors' pensions and benefits, referrals to community resources and services, volunteering opportunities, and participation in activities that build friends and peer support.

Settlement workers serving seniors speak diverse languages and provide one-on-one counseling sessions in a culturally appropriate and conforming way. Group activities organized for this client group include visits and field trips, training and orientation sessions, literacy sessions and informative workshops that may help them understand and navigate various services, programming, and benefits.

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If you are a permanent resident senior immigrant, connect
with us at 403-569-3325