



# Flavours from around the World

To place an order please call 403.537.8809  
125, 565 - 36 Street NE, Calgary, AB T2A 6K3



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**To place an order, you may email [orders@centrefornewcomers.ca](mailto:orders@centrefornewcomers.ca) or call **403.537.8809****

- One serving is good for one person only. Dishes are served on trays.
- We can do individual packaging for an additional fee of \$1.00 per serving.
- We can accommodate customized meals upon request.
- For special request of Halal meat products, a surcharge may apply.
- Reservations/inquiries will be entertained from 8:30 AM until 4:30 PM (Monday – Friday).
- Ordering lead time is at least 5 business days before the serving date.
- For delivery transactions, a minimum cost of \$200 before GST is required.
- Gratuities would be much appreciated.

## BREAKFAST



### **Continental Spread**

(eggs/bacon/chicken sausages/hash brown potatoes/  
muffins/croissant/Tea, Coffee or Juice)

**\$20.00**

### **Assorted House Made Muffins**

**\$18.00/dozen**

### **Freshly Baked Cookies**

**\$12.00/dozen**

### **Yogurt Granola with Berries**

**\$5.00/8oz**

### ***Beverages***

#### **Bottled Water**

**\$2.00**

#### **Soft Drinks**

**\$2.00**

#### **Assorted Juice**

**\$2.00**

#### **Coffee/ Tea (served with cream, sugar, sweeteners)**

**\$2.00**

*\*\* Please note we offer customized Breakfast menus on request.*



## APPETIZERS

### Chicken Wings

(eight succulent Chicken Wings with a choice of BBQ, Hot, Honey Garlic, Salt & Pepper or Lemon Pepper)

**\$10.00**

### Thai Curried Shrimp Skewers

(\$48.00 per dozen)

**\$4.00/each**

### Congolese Spiced Chicken Drumsticks

(\$36.00 per dozen)

**\$3.00/each**

### Tandoori Spiced Chicken Skewers

(\$42.00 per dozen)

**\$3.50/each**

### Italian Meat Balls

**\$27.00/dozen**

### Perogies

Six savoury dumplings filled with Potatoes & Cheddar Cheese served with sour cream

**\$6.00**



## APPETIZERS

### **Greek Spanakopita**

***Spinach, Feta & caramelized Onions***

**\$3.00/each**

***Spinach, Chicken, Feta & Caramelized Onions***

**\$3.50/each**

### **Middle Eastern Fatayer Baked**

***Spinach & Feta***

**\$27.00/dozen**

***Beef, Tomatoes & Feta***

**\$33.00/dozen**

### **Palestinian Beef Bourekas**

(sesame crusted golden baked savoury with sumptuous filling of caramelized onion, beef & potatoes)

**\$3.50/each**

### **Falafel Patties with Egyptian flavours**

(served with Tahini & Pita bread)

**\$24.00/dozen**





## APPETIZERS



### **Indian Pakora with Minty Tamarind Chutney**

(a wonderful crispy savoury, gluten free)

#### ***Onions Pakora***

(gluten free)

**\$18/dozen**

#### ***Vegetable Pakora***

(gluten free)

**\$18/dozen**

#### **Samosa**

#### ***Veggie Samosa***

(an authentic blend of Indian spices, potatoes, peas & cilantro encased in home made savoury pastry)

**\$18/dozen**

#### ***Beef Samosa***

**\$24/dozen**

#### **Chinese Style Spring Rolls**

(choice of vegetable or chicken)

**\$24/dozen**

## SOUPS



<b>Leek &amp; Potato</b> (vegan potato leek soup with coconut cream)	<b>\$4.00</b>
<b>Tomato &amp; Basil</b>	<b>\$4.00</b>
<b>Arabian spiced Lentil Soup</b>	<b>\$4.00</b>
<b>Broccoli Cheddar Soup</b>	<b>\$5.00</b>
<b>Chicken Vegetable Soup</b>	<b>\$5.00</b>
<b>Italian Wedding Soup</b> (meat balls, spinach & tiny pasta)	<b>\$5.00</b>

*\*\*Serving size is 8 oz per person for a soup*



## PLATTERS & DIPS

### **Middle Eastern Hummus & Pita**

(a sumptuous preparation from chickpeas tahini & lemon infused olive oil)

**\$3.50/per person**

### **Seasonal Vegetable Platter**

(fresh vegetables served with Ranch Dip)

**\$4.75/per person**

### **Assorted Cheese Platter**

(served with crackers)

**\$7.00/per person**

### **Symphony of Seasonal Cut Fruits**

**\$5.00/per person**

### **Greek Tapenade with Garlic Crostini**

(olives, capers, anchovies & parsley)

**\$4.50/per person**

### **Italian Tomato & Basil Bruschetta**

(crusty crostini & aromatic tomato basil salsa)

**\$4.50/per person**



## WRAPS

### *Choice of Wraps, Lighter & Subtle*

#### **Middle Eastern Falafel Wrap in Pita**

(spiced chickpeas patties, veggies & tahini)

**\$8.00/each**

#### **Roasted Vegetables Wrap**

(roasted vegetables, feta, sundried tomatoes & hummus)

**\$8.00/each**

#### **South Western Chicken Wrap**

(shredded chicken, black beans, spinach, jalapeños & sour cream)

**\$8.00/each**

#### **Teriyaki Beef**

(shredded beef, carrots, peppers, cilantro, rice noodles, red onions & teriyaki sauce)

**\$8.00/each**

## SANDWICHES

### **Make Your Own Sandwiches**

Choices of Fillings-Egg Salad/Tuna Salad/Smoked Turkey & Cheddar  
Vegetables & Cheese/Smoked Ham & Mustard

*\*\* (Gluten free Bread added @ \$1 per sandwich) \*\**

**\$7.00/Each**

### **European Style Sandwiches**

#### ***Bread Choices***

Ciabatta, Bagel, Croissant, Rye Bread

#### **Choices of Fillings-**

Chicken Waldorf-chicken/sultanas/walnuts/lemon mayo

BLT-bacon/lettuce/tomato/cheddar/mayo

Roast Beef-beef/horseradish/tomatoes/swiss cheese/mayo

Smoked Salmon-salmon/cream cheese/red onions/capers/mayo

*\*\* (Gluten free Bread added @ \$1 per sandwich) \*\**

**\$8.00/Each**



## SALADS



### **German Style Potato Salad**

(potatoes/boiled eggs/gherkins/capers/parsley & lemon mayo)

**\$4.50/per serving**

### **Greek Salad**

(romaine/feta cheese/cucumbers/onions/sweet peppers/Greek dressing)

**\$5.00/per serving**

### **Italian Caesar Salad**

(romaine/parmesan cheese/herb crusted croutons/Caesar dressing)

**\$4.00/per serving**

### **Seasonal Green Salad with Balsamic Vinaigrette**

**\$4.25/per serving**

### **Indian Spiced Chick Peas Chaat**

(chick peas/potatoes/cilantro/onions/tomatoes/cucumbers/lemon)

**\$3.75/per serving**

### **Chicken Salad Hawaiian**

(roasted chicken/pineapples/cabbage/sweet peppers/lemon mayo)

**\$5.75/per serving**

## MAIN DISHES

*Prices quoted are per serving*

<b>Ethiopian Delight, Segá Wot &amp; Injera</b> (beef stew spice with Berbere/onions/potatoes/fresh tomatoes & two Injera Rolls)	<b>\$14.00</b>
<b>Mac N Cheese Americano</b> (elbow macaroni/bechamel/cheddar & panko) **add Bacon @ \$1.00	<b>\$8.50</b>
<b>Congolese Chicken Moambe Stew</b> (traditional chicken stew from Congo, spiced with local herbs/nutmeg /peanut butter)	<b>\$12.00</b>
<b>Green Thai Curry Chicken</b> (fragrant curry infused with lemongrass lime/ galangal)	<b>\$9.00</b>
<b>**Vegetarian Thai Curry</b>	<b>\$8.50</b>
<b>Jamaican Jerk Chicken with Rice &amp; Beans</b> (Caribbean sugar ginger spiced roast chicken/lime)	<b>\$12.00</b>



## MAIN DISHES



### **Philippine All Time Popular Pancit Noodles with Chicken**

**\$9.00**

(rice noodles tossed with chicken/garlic/cabbage/onions/soy)

### **\*\*Vegetarian Pancit Noodles**

**\$8.00**

### **Italian Lasagne al Forno**

**\$11.00**

(ragu of oregano/basil/garlic/tomatoes layered with pasta sheets/topped with bechamel/mozzarella, baked)

### **\*\*Vegetarian Lasagne**

**\$9.00**

### **Russian Style Beef Stroganoff with Egg Noodles**

**\$10.00**

(butter/shallots/mushrooms/paprika & fresh cream)

### **\*\*Chicken Stroganoff with Egg Noodles**

**\$10.00**

### **English Shepherd's Pie**

**\$10.00**

(ground beef/onions/carrots/peas & creamed potatoes)



## MAIN DISHES



### **Butter Chicken**

(a firm Canadian favourite-marinated chicken/Indian sweet spices/  
fenugreek infused tomato sauce/fresh cream)

**\$11.00**

**\*\*Vegetarian**

**\$8.50**

### **Greek Moussaka with Beef**

(layered beef/egg plant/sliced potatoes/tomatoes/parmesan baked)

**\$11.00**

**\*\*Vegetarian Moussaka**

**\$10.00**

### **Chicken Do Pyaza Hyderabadi**

(tempered Indian spiced chicken with onions & sweet peppers)

**\$9.00**

**\*\*Vegetarian**

**\$8.50**

### **Chicken Korma**

(Indian spiced aromatic preparation with yogurt/chicken/tomatoes/ginger/garlic/cilantro)

**\$9.00**

## MAIN DISHES

<b>Bahrain's Speciality, Arabian Curried Chicken</b> (Arabic spiced bone-in chicken/vegetables/tomato/potatoes)	<b>\$11.00</b>
<b>Vegetable Korma</b> (seasonal vegetables tempered with Korma sauce)	<b>\$8.50</b>
<b>Paneer Makhni</b> (Indian homemade Paneer cheese simmered in rich tomato honey sauce)	<b>\$9.00</b>
<b>Chole Masala</b> (North Indian speciality of chickpeas simmered in tamarind tomato sauce)	<b>\$9.00</b>
<b>Aloo Jeera Tamatar</b> (cumin tempered potatoes/dry pomegranate/whole coriander seeds/ chaat masala/tomatoes)	<b>\$8.00</b>
<b>Bamia Fasouli Salona</b> (Arabic preparation of Okra/tomatoes/onions/local herbs)	<b>\$8.00</b>



## **SIDES**

*Serving size is 6oz per person*

**Basmati Rice**

**\$2.00/per serving**

**Jasmine Rice**

**\$2.00/per serving**

**Naan Bread**

**\$1.00/per serving**

**Arabic Mujaddara**

(flavourful rice/lentils/caramelized onions/cinnamon)

**\$6.50/per serving**



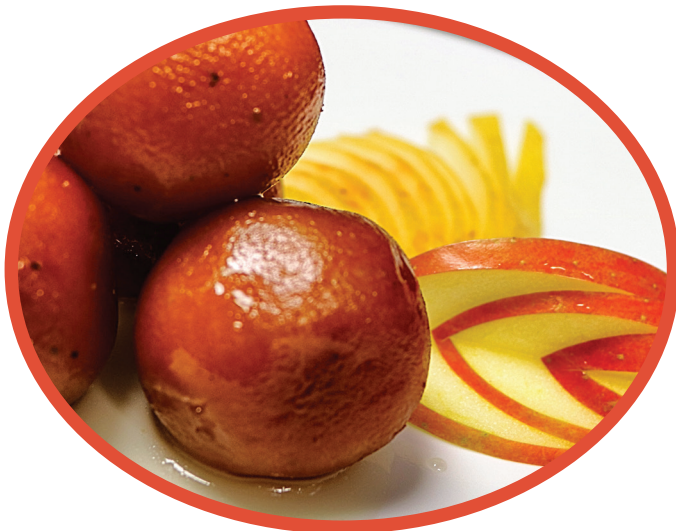


## **BEVERAGES**

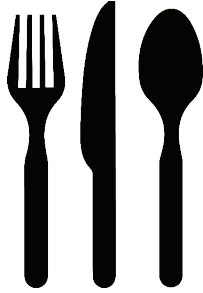
<b>Bottled Water</b>	<b>\$2.00</b>
<b>Soft Drinks</b>	<b>\$2.00</b>
<b>Assorted Juice</b>	<b>\$2.00</b>
<b>Coffee/ Tea (served with cream, sugar, sweeteners)</b>	<b>\$2.00</b>

## **DESSERTS**

<b>Arabian Dessert Tray</b>	<b>\$5.50</b>
<b>Baklava Tray (3 per serving) (contains nut)</b>	<b>\$5.00</b>
<b>New York Cheesecake</b>	<b>\$5.50</b>
<b>Profiteroles (6 pieces) with Chocolate Sauce</b>	<b>\$5.00</b>



## EQUIPMENT



<b>Disposable Serving Utensils</b>	<b>\$2.00</b>
<b>Chafing Dish with Fuel</b>	<b>\$12.00</b>
<b>Soup Chafing Dish with Fuel</b>	<b>\$12.00</b>
<b>Cutlery Pack (<i>Knife, Fork, Spoon &amp; Napkin</i>) Hygienically Sealed)</b>	<b>\$0.60</b>
<b>Disposable Paper Products – Plates</b>	<b>\$0.50</b>
<b>Disposable Paper Products – Bowls</b>	<b>\$0.25</b>
<b>Disposable Paper Products – Cups</b>	<b>\$0.25</b>
<b>Small Disposable Carafe Insulated for Hot &amp; Cold items</b>	<b>\$8.00</b>
<b>Large Disposable Carafe Insulated for Hot &amp; Cold items</b>	<b>\$12.00</b>
<b>Napkins</b>	<b>\$0.10</b>
<b>Delivery</b>	<b>\$25.00</b>
<b>Equipment Pick-Up Fee</b>	<b>\$25.00</b>



## ETHNICITY CATERING

EthniCity Catering is a non-profit social enterprise of the Centre for Newcomers, providing Canadian work experience and training to immigrants in their transition to Canada. Our students learn and expand their culinary knowledge by assisting with your orders and gaining invaluable work experience – your orders really do make a difference!

We want to be your Calgary Caterer of choice, by providing you with a diverse menu, great food, and an unrivalled professional experience.

We look forward to contributing to the success of your next event!

## MISSION, VISION & VALUES

Since 1988 the Centre for Newcomers has been a key resource for immigrants and refugees of all nationalities. Our vision is the ultimate goal, the world we imagine for Calgary; a community that values diversity, in which people of all backgrounds find and create opportunities to fulfil dreams and participate fully as citizens.

These values are reflected in our mission to support newcomers and the receiving community in becoming a diverse, united community, through services and initiatives that create conditions of success for newcomers and that foster a welcoming environment in Calgary.

We view the integration of newcomers as a two-way process of experience, influence and impact between newcomers and the communities that welcome them.







# Centre for Newcomers

125, 565 - 36 Street NE

Calgary, AB T2A 6K3

We are located one block from Marlborough  
C-Train station.

[www.centrefornewcomers.ca](http://www.centrefornewcomers.ca)